

# Basic Life Support

This course can be adapted to suit a variety of audiences, from the complete novice to those who are skilled but feel their resuscitation skills need updating. Audiences range from parents, school staff and other first aiders through to dentists, nurses and other healthcare professionals. Resuscitation training normally takes place over three hours and includes the necessary theory followed by lots of practical “hands-on” practise to build confidence.

## The syllabus includes:-

The Theory of Resuscitation

Incident Management

Basic Life Support

Recovery Position



The training is in line with the **Resuscitation Council (UK) Guidelines 2010** and can be adapted to suit the client in respects to what age group they may be resuscitating, be it babies, children or adults.



The cost of this course when run at your premises for a group of up to 14 students is £325 + VAT.

If two courses are booked for the same day then the charge is £525 + VAT.

This includes a manual for each student and certification.

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