

# Emergency First Aid at Work



We are able to offer the new HSE approved **Emergency First Aid at Work** course. This course can be adapted to suit a particular audience and is ideal for lower risk businesses, in accordance with the Health and Safety (First Aid) Regulations. The course is run over one day and includes both theory and practical sessions, in a relaxed atmosphere, designed to boost a candidate's confidence.

The syllabus includes:-

First Aid Priorities

Managing Incidents

Basic Life Support

Examination of a Casualty

Unconsciousness

Control of Bleeding

Burns and Scalds

Regulations

First Aid Kits

Recording and Reporting



Certification is dependent on successful continuous assessment of the student, there is no final exam. Those students who complete the course and are deemed to have reached the required standard are issued with a certificate that is valid for three years\*.

## Cost

The cost of this course for up to 12 candidates is £395 + VAT if you have a larger group we can send 2 trainers to you for £700.00 + vat; this allows you up to 24 delegates.

These prices include certification and a manual for each student.

\*Under the current guidelines it is **strongly recommend** that first aid trained staff attend a half-day update every twelve months.

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