

First Responder (FPOS)



This course is designed to take the First Aider on to the next skill level, students will be taught the skills associated with rapid assessment, stabilisation and transfer of both the trauma victim and those suffering a medical emergency.

The course is approved by Edexcel and is IHCD managed.



The course is run over 5 days for Intermediate. It includes both theoretical lectures and practical sessions, designed to develop a good, all round First Responder.

The course includes a comprehensive handbook, assessment by an independent examiner and certification.



Cost

The cost for individual places on our regular “open” courses is:

Intermediate five days £495 + VAT

The cost of the course for a group of up to 12 candidates when run at your venue is:

Intermediate five days £3500 + VAT



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Entry Requirements	Direct Entry	Direct Entry
Ambulance response	< 20 minutes	20 -40 minutes
Title	First Person (Basic)	First Person (Intermediate)
The Pre Hospital Environment	A1.1 The role of FPOS A1.2 Scene Safety A1.3 Minimising risk of infection A1.4 Post-incident procedures	As for FPOS Basic, plus B1.5 Scene Management - Safety - Triage
Patient Assessment	A2.1 Communicating with patients A2.2 Examination and assessment	B2.1 Communicating with patients B2.2 Primary survey and assessment B2.3 Safe moving and handling
Airway Management	A3.1 Basic airway management - Causes of blocked airway - Opening and maintaining a clear airway - Choking A3.2 Use suction equipment	As for FPOS Basic, plus B3.1 Removal of crash helmets B3.2 Use of oro-pharyngeal airways
Respiration and Ventilation	A4.1 Recognition of respiratory problems A4.2 Recognition of common breathing difficulties - Asthma - Hyperventilation	As for FPOS Basic, plus B4.3 Oxygen supplementation - Mechanical - Bag/valve/mask B4.4 Ventilation support - Pocket face mask O ₂ nipple
Basic Life Support	A5.1 Perform basic life support A5.2 Recovery position	As for FPOS Basic, plus B5.3 Perform child and infant basic life support
Defibrillation	A6.1 perform automated external defibrillation	As for FPOS Basic, plus B6.2 Normal/abnormal heart rhythms
Circulation and Shock	A7.1 Recognition and initial care of hemorrhage -Bleeding -Shock (to include faints)	As for FPOS Basic
Medical Emergencies	Recognition and initial care of: A8.1 Heart attack/angina A8.2 Diabetes A8.3 Stroke A8.4 Epilepsy A8.5 Unconscious patient A8.6 Asthma/anaphylaxis	As for FPOS Basic, plus B8.7 Assisting the Paramedic
Trauma Related Emergencies	Optional Unit A9.1 Recognition and initial care of injuries too bones, muscles and joint A9.2 Recognition and initial care of burns and scalds	As for FPOS Basic, plus B9.3 Recognition and initial care of other trauma related injuries B9.4 Skeletal stabilisation