

Manual Handling Instructors Course

This two-day course is aimed at those who carry out manual handling training within the workplace. It is designed to allow trainers to gain the necessary subject knowledge and to put this into practise.

The course is made up of the following units:

- Unit 1** Ergonomics

- Unit 2** The law relating to moving & handling

- Unit 3** Risk assessment in relation to moving & handling

- Unit 4** The duty of care

- Unit 5** Anatomy & Physiology of the back

- Unit 6** Essential considerations relating to manual handling

- Unit 7** Practical skills



Assessment

During the course learners will be assessed by means of a practical assignment, a micro-teach and a fifty multiple-choice question paper.

Costs

The cost per delegate attending an “open” course is £325 + VAT. This covers certification, manuals, a full training pack and tea/coffee.

The cost of an “in-house” course is £2250 + VAT for up to 10 students when run at your venue. Additional students are charged at £250 + VAT each. This includes certification and manuals for each student, and a training pack for the company.