

Manual Handling Training

Aid Training offer a manual handling course accredited by the Chartered Institute of Environmental Health (CIEH).

This half-day training session is aimed at those who carry out manual handling activities at work and introduces students to the hazards of manual handling, the risks involved and controls available and what to expect from a manual handling assessment. Successful completion will prepare students to look carefully at their own work activities and contribute to the development of safer methods and tasks, in co-operation with their managers and supervisors.

The qualification is not intended to train students to carry out manual handling assessments nor to provide detailed training on handling techniques.

The syllabus includes:-

The process of manual handling in the workplace

Manual handling injuries and the activities which cause them

Manual handling assessment and control options

Responsibilities imposed by the Manual Handling Operations Regulations



The cost of this course run at your site for a group of up to 14 is £325 + VAT in addition there is a £12 + VAT certification fee for each student. A comprehensive manual is also included for each student. For a no obligation discussion about your manual handling training requirements and a detailed quote please contact us.

This course can be combined with our Control of Substances Hazardous to Health course and run on the same day. This full days training costs £525 + VAT and certification fees of £24 + VAT per student -a saving of £125 + VAT.

