

# OCN Credit4learning Level 3 Manual Handling Instructors (With People) Course



This four-day course is aimed at those who carry out manual handling of people training within the workplace. It is designed to allow trainers to gain the necessary subject knowledge and to put this into practise.

Learning outcome are;

Know what is meant by the terms manual handling, risk and hazard

Understand the Manual Handling Regulations and their application in a workplace

Know the safe principles of moving and handling

Know how the spine and muscles can be damaged by poor moving and handling techniques

Understand the effects of perception on moving and handling

Compile a file of information relating to manual handling that is appropriate to the workplace

Understand relevant aspects of learning theory

Prepare for managing and delivering training sessions

Create a range learning resources

Reflect on own practice



## Assessment

- By practical observation of moving and handling techniques.
- A 20 minute micro teach
- 3 written assignments

## Costs

The cost per delegate attending an “open” course is £495 + VAT. This covers certification, manuals, a full training pack and tea/coffee.

The cost of an “in-house” course is £4000 + VAT for up to 10 students when run at your venue. Additional students are charged at £300 + VAT each.

This includes certification and manuals for each student, and a training pack for the company.

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